

**FENNEL, ANISE,
BEE BALM & CUMIN TEA**

Mum & Baby Tea is a balanced blend that contains herbs and spices known for their calming properties and digestive support.

This is a wonderful tea for breastfeeding mums with babies suffering from colic or wind.

RECOMMENDED BREWING

4-8 minutes

INGREDIENTS

Fennel 40%, Anise 30%, Bee Balm 20%, Cumin 10%



Hide Stationery Ltd, TN14 5GY
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