



SOMERSET BLEND

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PEPPERMINT & LEMON BALM TEA

The Somerset Blend is designed for winding down with. Naturally caffeine free organic peppermint tea helps with digestion and is a natural pain reliever whilst lemon balm reduces stress and anxiety, and improves sleep.

RECOMMENDED BREWING  
5-8 minutes

INGREDIENTS  
50% Organic Peppermint,  
50% Lemon Balm Tea



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